



SKIN MEDI SPA

1 Surrey Street
Lisburn Road
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Cyril Johnston Complex
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About Us

Welcome to Skin Medi Spa... as a family we strive to accompany a full holistic approach and a sense of inner calm, helping clients to look and feel their best.

Judith Mulgrew is an expert cosmetic and beauty consultant who founded Skin Medi Spa in 2007. With over 20 years experience, Judith and her team have become one of Northern Ireland's most influential beauty guru's specialising in advanced treatments. Judith Mulgrew specializes in a plethora of holistic and advanced beauty therapy treatments including laser, semi-permanent make-up, advanced skin care and Arvigo Maya Fertility massage.

Skin Medi Spa practices with only the most prestigious brands endeavouring to deliver exceptional results for all clients. We are exclusively located just off the Lisburn Road, Belfast and our newly established little sister clinic is situated at the Cyril Johnston Complex, Carryduff.

We look forward to your visit.

Judith Mulgrew

Judith Mulgrew

SKIN MEDI SPA

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Skin

Facials

Elemis Taster Facial (30 mins) £30

This introductory facial provides an instant pick-me-up for any occasion.

Pro-Defination Lift & contour (60 mins) £70

Powered by breakthrough technology this facial helps restore the architecture of the face using the potent nutrients in plant activities found to help support the extra cellular matrix. Creates a profoundly sculptured, youthful effect

Pro-Collagen Age Defy (75 mins) £70

Anti-Wrinkles/Anti-aging facial delivering Proven results. Suitable for all skin types

Superfood Pro-Radiance (75 mins) £60

OLE objectEnergise and detoxify stressed, dull skin with a nutritional superfood boost. Leaves skin, plumper, radiant and lit up with good health.

White Brightening Pigment Perfecter (60 mins) £70

Great for targeting unwanted pigmentation, boosted with vitamin C to brighten and prevent future pigmentation, for a brighter more even skin tone

Facials

Dynamic Re-surfacing Precision Peel (75 mins) £70

Best for combination/oily/mature skin. Treats pigmentation & uneven skin texture

Sensitive Skin Soother (75 mins) £60

Reduce the appearance of redness and protect against daily stresses with a treatment that incorporates soothing massage. Skin is left comfortable and calm.

Anti-Blemish Motify & Calm (75 mins) £60

Mattify and combat oil and shine whilst restoring micro-circulation. A deeply detoxifying treatment which leaves skin bright and clear

High Performance Skin Energiser for Men (75 mins) £60

The hard-working facial for ageing, dehydrated skin combined with scalp and foot massages.

Couture Touch (90 mins) £80

ELEMIS hands-on TOUCH facial with a personalised Freestyle Deep Tissue Massage.

Skin Medi Spa offer this treatment as a course. This can be the best way to achieve optimum results

Image Advanced Skincare Facials

Ready to be skin-spired? Our evidence-based clinical IMAGE Skincare facial treatments produce the latest anti-ageing, balancing, hydrating and illuminating technologies, helping you to Age Later.

O2 Lift (50 mins) £75

A hydration and oxygen combination that promotes divine rehydration to the skin.

Illuminating Facial (50 mins) £75

A clinical results-driven facial designed to give beautiful luminosity, radiance and glow

The Max Stem Cell Facial (50 mins) £75

An anti-ageing, redness-diffusing active facial

Be Clear Purifying Facial (50 mins) £75

An ideal teen facial or mild preventative acne-formation treatment.

Antioxidant Anti-Aging Facial (50 mins) £75

This cleansing and invigorating vitamin-infused treatment will deliver tightening, lightening, brightening and nourishing hydration.

Firming Neck & Decolletage Treatment (50 mins) £75

Guarantees fuller, plumper, healthier and more vibrant skin on the neck area.

Additional Option: Micro Lift (45 mins) £79

Any of the above facials combined with Microdermabrasion for even better results.

Turn back the years with anti-aging treatments

SKIN MEDI SPA

Peels

Lift your skin to a new level of health by targeting your skin concerns with IMAGE chemical peels.

Ormedic Lift

(45 mins) £75

This non-chemical peel naturally rebalances, regenerates, restores and soothes your skin.

For optimum results courses are recommended Course of 6 and receive your last complimentary

Signature Facelift

(30 mins) £75

This revolutionary treatment performed in four layers will change the texture and tone of your skin in just one application.

Lightening Lift

(30 mins) £75

Balance your complexion with this ultra-lightening treatment that gently blends kojic acid and a cocktail of lightening and brightening agents to reduce sun spots, brown spots and the redness caused by rosacea and acne scarring.

Wrinkle Lift

(30 mins) £75

Exfoliates dead surface skin cells and improves circulation, leaving skin firmer and healthier and visibly reducing the appearance of fine lines, age spots, open pores and rougher, tougher skin.

Be Clear

(30 mins) £75

This active clinical peel is designed to immediately treat all forms of acne

Acne Lift

(30 mins) £75

Reduce and treat all kinds of acne while resurfacing and soothing.

The Signature Firming Neck and Décolletage Peel

(50 mins) £75

Combines all of the most innovative ingredients to erase wrinkles and pigmentation as well as tightening loose skin.

For optimum results courses are recommended Course of 6 and receive your last complimentary

Turn back
the years
with anti-aging
treatments

Microdermabrasion

The famous lunchtime peel, for both face and body. This non-surgical treatment is painless with immediate results. It boosts collagen production and plumping to minimise fine lines, wrinkles and open pores.

Express for face

(30 mins) £45

Course of 6

(30 mins each) £225

For optimum results courses are recommended | Course of 6 and receive your last complimentary

Photo Rejuvenation

An A-list beauty secret, this treatment is excellent for rejuvenating your skin, stimulating deep cells, producing natural plumpness and soothing lines. You will experience remarkably even skin tone with no more brown spots, acne scars, or thread veins and noticeably younger looking more radiant skin. Special packages for cheeks, nose, neck and face are created to meet your specific skin type.

Nose

£75 per treatment

Cheeks

£90 per treatment

Cheeks & Nose

£130 per treatment

Full Face

£150 per treatment

OR a special Course of treatments x3

£400

Full Face IPL Combined with Skin Peel

£195 per treatment

OR a special Course of treatments x3

£550

Thread Vein and Pigmentation Removal

Using IPL technology to remove thread veins and pigmentation.

Nose

£75 per treatment

Cheeks

£90 per treatment

Cheeks & Nose

£130 per treatment

Small Area

£75 - £100 per treatment

Large Area

£150 - £200 per treatment

Acne Treatment IPL

Our acne IPL treatment is one of our most successful treatments and effectively clears most inflammatory acne in 4-6 visits. Acne affects 83% of people of all ages and has a massive impact on people's lives. Adult acne, if not treated, will result in facial scars, acne scarring and blemishes, profoundly impacting on your self-confidence and self esteem. More than 95% of clients feel confident, beautiful and have noticed a considerable reduction or elimination in the appearance of their acne. Moreover, skin appears replenished and rejuvenated with a more even tone and texture.

For optimum results courses are recommended | Course of 6 and receive your last complimentary

Medi

Anti Wrinkle Injections

Skin Medi Spa is the leading provider of anti wrinkles injections. Anti-wrinkle injections are a fabulous treatment for soothing wrinkles between the eyebrows, forehead, eyes and neckline.

1 Area	£150
2 Areas	£250
3 Areas	£300

Fillers

Dermal filler that enhances a more natural and younger looking appearance.

0.5 ml	£250
1 ml	£300



Semi-Permanent Make Up & Microblading

Performed by our in-house expert Judith Mulgrew, this treatment will enable you to wake up to perfect make-up. Semi permanent Make-up with its advanced new techniques and procedures will enhance your natural beauty and give your features shape and definition without ever having to visit your make-up bag.

Eyebrows	£200
Ombre Brows	£200
Nano Brows (Natural Hair strokes)	£200
Eyeliner (Top or bottom)	£200
Eyeliner (Top & Bottom)	£270
Eyelash Enhancement	£200
Lipliner	£200
Full lip Colour	£270
Full Face	£800
Beauty spot/Freckles	£80
Top-up	£150

Micro Needling

DERMICA PEN

Prompts the natural release of the skins collagen and elastin using a pain free advanced micro injector skin needling system which significantly reduces the appearance of fine lines, wrinkles, pigmentation, acne scarring and enlarged pores.

Face	(60 mins) £150
Face & Neck	(75 mins) £180
Body (small area)	(45 mins) from £150
Body (large area)	(60 mins) from £180

Mesovytal

A non invasive micro-needling system that follows the contours of the skin, making it easier to target specific fine lines including around the delicate eye area.

Face	(40 mins) £75
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Course of 6 and receive your last complimentary



Inch Loss & Toning

UNIVERSAL CONTOUR BODY WRAP

The wrap that guarantees you to lose at least 6 inches in just 2 hours, making it the perfect solution when you have to look and feel your best for that special occasion.

Full body wrap	(2 hours) £75
Course of 3	£200

Anti-Cellulite Velashape

Made famous by celebrities such as Kim Kardashian and Demi Moore to maintain their beautiful bodies, Velashape is the new revolutionary treatment designed to improve the appearance of cellulite and enhance your body shape, helping you look and feel great! This fabulous treatment increases lymphatic drainage and reduces the size of the actual fat cells and fat chambers. The result is smoother, firmer and healthier looking skin!

Treatment areas:

Thighs	£110
Thighs & Bum	£120
Stomach	£95
Arms	£85

For optimum results courses are recommended

Spa

Massage

An individual and therapeutic approach to tacking knots and tension in your back, neck and shoulders. Our professional therapists use their knowledge and experience to create a unique experience targeting individual needs.

Luxury Back, Neck & Shoulder Massage	(30 mins) £30
Full Body Massage	(60 mins) £50
Elemis Full Body Scrub & Massage	(50 mins) £55
<i>Includes a deep cleanse, full body scrub and massage</i>	
Deep Tissue Muscle Massage for all over body	(60 mins) £50
Indian Head Massage	(45 mins) £37
Reflexology	(60 mins) £40
Hopi Ear Candles	(60 mins) £45

Pregnancy Massage

Expert pre-natal treatments for you and your bump. A perfect gift for mothers-to-be.

ELEMIS Peaceful Pregnancy Massage	(75 mins) £75
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A gently nurturing, specially formulated massage for mothers-to-be that deeply relaxes.

ELEMIS Peaceful Pregnancy Face and Body Experience	(135 mins) £90
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Relieves tension in the back, shoulders, scalp, hands and feet

For optimum results courses are recommended. Course of 6 and receive your last complimentary

Fertility & Arvigo Maya Abdominal Massage

“Start your Fertility Journey here”

As an active health & wellness practitioner for over 20 years, Judith has always had a huge interest in alternative therapies. Her interest in Arvigo Maya abdominal massage in particular stemmed from the birth of her son Ethan, as well as the experiences of close friends and family members who had undergone fertility changes and suffered from abdominal conditions such as chrone's disease and IBS. Judith travelled to Belize, Central America to train with Dr. Rosita, founder of the techniques of Maya Abdominal Therapy (ATMAT). A gentle, non-invasive massage that helps to guide the uterus into a better functioning position and strengthens supporting muscles and ligaments.


Judith Mulgrew
Fertility



Arvigo Maya Massage can be carried out on both men and women and may be suitable for clients experiencing a range of concerns.

Judith is dedicated to devising a treatment programme catered to the individual needs and concerns of her clients, focusing on nutrition, overall well-being and healing of mind, body and spirit. Home-care is an important aspect of the treatment and self massage techniques are taught to promote the overall benefits.

Benefits for Arvigo Maya Massage:

- Emotional stress/anxiety or depression
- Polycystic ovaries or endometriosis
- Painful, irregular or absent periods
- Women undergoing menopause or HRT
- Couples preparing to conceive
- Couples experiencing difficulty conceiving
- Couples undergoing conventional fertility treatments
- Prolapse (uterus/bladder/bowel)
- Painful intercourse
- Prostate problems (including prostatitis)
- Erectile dysfunction
- Digestive upsets
- Varicose Veins
- Tired legs
- Frequent urination
- Stomach problems
- IBS, indigestion and constipation

Consultation including first treatment & lesson in self care massage

(120 mins) £130

Single Treatment

(60 mins) £65

COURSES AVAILABLE

For further information on this treatment, or to request an Arvigo Maya Massage brochure from our clinic call us on: 02890681066

For optimum results courses are recommended. Course of 6 and receive your last complimentary.

Pamper Packages

Holiday Preparation Package

Gel Polish hands & toes/ Lash & Brow Tint/ Brow shape & choose between a full leg, underarm or bikin wax OR a relaxing Elemis Skin Specific Facial

(165 mins) £95

Ultimate Pamper Package

Elemis Skin Specific Facial/luxury back, neck & shoulder massage/ relaxing scalp, foot, hand & arm massage

(165 mins) £65

Weekend Package

Vita Liberata Spray Tan/Gel Polish hands or toes/ Weekend Party Lashes

(90 mins) £49

Male Grooming

Male Grooming Package

Total body relaxation with a full body massage & mini facial

(105 mins) £75

Eyebrow & Ears

£10

Male Back Waxing

£30

Male Chest Waxing

£28

Male Leg Waxing

£28

Please remember to exfoliate areas to be waxed 48 hours before your appointment..



Beauty

Eyes

Enhance your beautiful eyes and brows with some definition.

Eyebrow Wax	(15 mins) £8
Eye Brow Tint	(20 mins) £8
Lash Tint	(20 mins) £12
Lash Tint & Brow Tint	(30 mins) £17
LVL Lashes	(60 mins) £49

Please note that a patch test is required 24 hours before all tinting.

Lashes

A Celebrity favourite.... Enhance the length, thickness and fullness of your natural lashes

3D Lash Extensions	(120 mins) £70
3D Half Set	(60 mins) £42.50
Maintenance for 3D lashes	(30 mins) £25 (60 mins) £42.50
3D Express Lashes	(30 mins) £40
Maintenance for Express Lashes	(30 mins) £15
Strip lashes	(10 mins) £10
Party Cluster Lashes	(20 mins) £17
Lash Removal	

Free of charge when lashes are applied with Skin Medi Spa

Make Up

Whatever the occasion, our professionally trained make-up artists are experienced in creating individual looks to suit every client with our professional leading mineral make-up brand Jane Iredale

Make-up Application	(45 mins) £30
Make-up Lesson	(90 mins) £75
Bridal Make-up	(50 mins) £45

Hands

Treat those working Hands with our seasonal products and nail finishes with polish or gel with Gelish

File, Tidy & Polish	(15 mins) £12
Stylish French Polish	(15 mins) £14
Mini Manicure	(30 mins) £17
Skin Medi Spa Luxury Manicure	(60 mins) £26

With an aromatic nail bath, cuticle work, nail shaping, mask, an arm exfoliation and massage to smooth and reinvigorate.

Feet

And don't forget those hard working Feet with seasonal products and nail finishes or with Gel polish

File, Tidy & Polish	(15 mins) £12
Stylish French Polish	(15 mins) £14
Mini Pedicure	(30 mins) £19
Skin Medi Spa Luxury Pedicure	(60 mins) £29

With an aromatic foot bath, cuticle work, nail shaping, mask, hard skin removal and a lower leg exfoliation and massage to smooth and reinvigorate.

Gels

A selection of gel polishes to help provide additional strength and longevity. Colours available and designs to suit every requirement.

Gel Polish Hands	(45 mins) £25
Gel Polish Toes	(45 mins) £22.50
Gel Polish Hands & Toes	(90 mins) £42.50
Gel Overlays	(60 mins) £30
Gel or Acrylic Extensions	(90 mins) £45
Soak Off	(20 mins) £10

Please remember to bring flip-flops or sandals to your appointment to allow polish time to dry.

Tanning

Get a flawless, natural looking, sunless tan. Vita Liberata is an organic, low odour, paraben free tan that contains no perfume or alcohol

Full Body	(20 mins) £22
Half Body	(15 mins) £15

Please remember to exfoliate and remove unwanted hair 48 hours before tanning. It is advised to wear loose, dark clothing to your appointment. Skin Medi Spa offer this treatment as a course. This can be the best way to achieve optimum results

Waxing

At Skin Medi Spa our professional therapists use advanced waxing techniques with the highest standards of hygiene to ensure maximum comfort and ultimate result

Eyebrow	£8
Upper Lip	£6.50
Chin	£6.50
Upper Lip & Chin	£11.50
Face (sides)	£6.50
Underarm	£10
Forearm	£14
Abdomen	£10
Bikini Standard	£10
Advanced Bikini	£15

Californian (Extended Bikini Line)	£20
Brazilian (thin landing strip)	£30
Hollywood (all off)	£32.50
Half Leg	£17
Leg	£21
Full Leg	£25

Please remember to exfoliate areas to be waxed 48 hours before your appointment.

Opening Times

Lisburn Road (Belfast)

Monday 9.30 a.m - 5.30 p.m
Tuesday 9.30 a.m - 9.00 p.m
Wednesday 9.30 a.m - 5.30 p.m
Thursday 9.30 a.m - 9.00 p.m
Friday 9.30 a.m - 5.30 p.m
Saturday 9.30 a.m - 4.00 p.m

Cyril Johnston Complex (Carryduff)

Monday: CLOSED
Tuesday: 9.30 a.m - 5.30 p.m
Wednesday: 9.30 a.m - 8.00 p.m
Thursday: 9.30 a.m - 8.00 p.m
Friday: 9.30 a.m - 5.30 p.m
Saturday: 9.30 a.m - 4.30 p.m

Please visit our website for Map and directions: www.skinmedispa.co.uk

VOUCHERS

Give the gift of endless possibilities with the Skin Medi Spa Gift Voucher. Explore instore or call us on 02890681066. Valid for 6 months.

COURSES

Skin Medi Spa courses can be the best way to achieve optimum results. We have put together special courses for individual treatments saving you money whilst feeling and looking your best. Please note that our courses must be paid in full. Courses are valid for 12 months.

SKIN MEDI SPA



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Fertility

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